

2022 MIAC Men's Cross Country Regional and National Awards

2022 USTFCCCA Men's All-America

Name	Institution	Class	Hometown High School	Previous Selections
Lloyd Young	Saint John's	Jr.	Bloomington, Minn. Kennedy	--
Logan Bocovich	St. Olaf	Sr.	Monument, Colo. Palmer Ridge	--
Will Kelly	St. Olaf	Jr.	Golf, Ill. Glenbrook South	--

2022 USTFCCCA Men's All-North Region

Name	Institution	Class	Hometown High School	Previous Selections
Mohammed Bati	Augsburg	Fy.	Dodola, Ethiopia GAP School	--
Henry Bowman	Carleton	Sr.	Lafayette, Colo. Centaurius	2019 2021
Leo Smith	Concordia	Sr.	West Fargo, N.D. Sheyenne	--
Lloyd Young	Saint John's	Jr.	Bloomington, Minn. Kennedy	2021
Logan Bocovich	St. Olaf	Sr.	Monument, Colo. Palmer Ridge	2021
Will Kelly	St. Olaf	Jr.	Golf, Ill. Glenbrook South	2021
Andrew Skemp	St. Olaf	So.	La Crosse, Wis. Aquinas	--
Lars Dewall	St. Scholastica	Jr.	Stillwater, Minn.	2021

2022-23 CSC Academic All-America Men's Cross Country/Track & Field

Name	Institution	Class	Hometown High School	Team	Previous Selections
Jeremy Fong	Carleton	Sr.	Niiza-Shi, Japan Christian Academy	Third Team	--
Carter Grove	Saint John's	Jr.	Osakis, Minn.	Third Team	--
Lloyd Young	Saint John's	Jr.	Bloomington, Minn. Kennedy	Third Team	--

2022-23 CSC Academic All-District Men's Cross Country/Track & Field

Name	Institution	Class	Hometown High School	Previous Selections
Max Jacobson	Augsburg	So.	Belle Plaine, Minn. Zurich International School	--
Fritz Landherr	Augsburg	Sr.	Tracy, Minn.	--
Aaron Puent	Augsburg	Sr.	La Crosse, Wis. Aquinas	--
Sam Scheuneman	Augsburg	Sr.	Lakeville, Minn. Burnsville	--
Jacob Parent	Bethel	Jr.	New Richmond, Wis.	--
Ben Aoki-Sherwood	Carleton	Sr.	Robbinsdale, Minn. Armstrong	--
Henry Bowman	Carleton	Sr.	Lafayette, Colo. Centaurus	--
Noah Eckersley-Ray	Carleton	Sr.	Yarmouth, Maine	--

Jeremy Fong	Carleton	Sr.	Niiza-Shi, Japan Christian Academy	--
Aravindh Subramanian	Carleton	Sr.	Dayton, N.J. South Brunswick	--
Leo Smith	Concordia	Sr.	West Fargo, N.D.	--
Cal Wright	Concordia	Sr.	Mora, Minn.	2022
Henry Hinchliffe	Gustavus	Sr.	Austin, Minn.	--
Jack Marble	Gustavus	Sr.	Eden Prairie, Minn.	--
Peter Oviguian	Gustavus	Sr.	Eden Prairie, Minn.	--
Tyler Smith	Gustavus	So.	Norwood Young America, Minn. Central	--
Seth Zeitchick	Gustavus	Sr.	St. Paul, Minn. Highland Park	--
Michael Braun	Hamline	Jr.	Rogers, Minn.	--
Ben Crotteau	Macalester	So.	Lincoln, Neb. Southeast	--
Arlo Heitler	Macalester	So.	Hastings, N.Y.	--
Riley Hodin	Macalester	So.	Buffalo, N.Y. Amherst Central	--
Reece McKee	Macalester	So.	Charlottesville, Va.	--
Riley Berg	Saint John's	Sr.	Bemidji, Minn.	--
Jaeden Frost	Saint John's	Sr.	Omro, Wis.	--
Carter Grove	Saint John's	Jr.	Osakis, Minn.	--
Brett Hague	Saint John's	Sr.	Brainerd, Minn.	--
Lloyd Young	Saint John's	Jr.	Bloomington, Minn. Kennedy	--
Gabriel Bickerstaff	Saint Mary's	Sr.	Rollingstone, Minn.	--
Isaiah Brindamour	Saint Mary's	Jr.	Hinckley, Minn. Hinckley Finlayson	--
Logan Bocovich	St. Olaf	Sr.	Monument, Colo. Palmer Ridge	--
Lucas Kramarczuk	St. Olaf	Sr.	Bloomington, Minn. Jefferson	--
Demetri Lord	St. Olaf	Jr.	Seattle, Wash. TMI Episcopal	--
Andrew Mollison	St. Olaf	Sr.	Edina, Minn. Minnehaha Academy	--
Andrew Skemp	St. Olaf	So.	La Crosse, Wis. Aquinas	--
Calvin Boone	St. Scholastica	Jr.	St. Paul, Minn. Highland Park	--
Derek Douglas	St. Scholastica	So.	Escanaba, Mich.	--
Joe Lynch	St. Scholastica	Sr.	St. Anthony Village, Minn.	--
Nathan Neu	St. Scholastica	So.	Ortonville, Minn.	--

2022 USTFCCCA All-Academic Men's Cross Country

Name	Institution	Class	Hometown High School	Previous Selections
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Henry Bowman	Carleton	Sr.	Lafayette, Colo. Centaurus	2019 2021
Elijah Jones	Carleton	Sr.	Hartland, Wis. Arrowhead	--
Roy Llewellyn	Carleton	Fy.	Downers Grove, Ill. North	--
Leo Smith	Concordia	Sr.	West Fargo, N.D. Sheyenne	2021
Nick Ihrke	Macalester	So.	Northbrook, Ill. Glenbrook North	--
Tommy Allen	Saint John's	Jr.	Woodbury, Minn. St. Paul Academy	--
Dillon Diekmann	Saint John's	Sr.	Lake Elmo, Minn. Cretin-Derham Hall	--
Carter Grove	Saint John's	Jr.	Osakis, Minn.	--
Lloyd Young	Saint John's	Jr.	Bloomington, Minn. Kennedy	--
Logan Bocovich	St. Olaf	Sr.	Monument, Colo. Palmer Ridge	2021
Will Kelly	St. Olaf	Jr.	Golf, Ill. Glenbrook South	2021
Andrew Skemp	St. Olaf	So.	La Crosse, Wis. Aquinas	--
Lars Dewall	St. Scholastica	Sr.	Stillwater, Minn.	2021